

Patient information: glaucoma service

# Glaucoma monitoring service

If you have been diagnosed with glaucoma or ocular hypertension, or you are a “glaucoma suspect” patient, you will be aware that your condition needs to be monitored regularly.

Your glaucoma consultant has reviewed your status and advises that your condition is stable. As such, they would like for you to be monitored in our glaucoma monitoring service.

## How does the service work?

The glaucoma monitoring service is delivered by ophthalmic practitioners. You will not see a doctor on the day, but you will have several eye tests including:

- Tonometry – eye pressure check
- Visual fields – a test to evaluate whether there is any sight loss affecting your side vision
- Digital imaging – two specialist instruments will be used to give a detailed assessment of the appearance of the optic nerve at the back of your eye

The information will be reviewed by a consultant glaucoma specialist through your electronic patient record and they

will advise when your next clinic appointment needs to be. You will be informed of the results of all your tests within two weeks of your appointment.

## What happens if there is a change in my eye condition?

If you have any concerns about your vision or have noticed changes, please inform the practitioner during your appointment. They will ensure any issues are brought to the attention of the consultant glaucoma specialist.

If the consultant detects any change in your condition during the assessment of your test results, you will be invited to attend the hospital for review and further examination in the consultant-led clinic.

## How long is the screening appointment?

We aim to finish all your tests in one hour. Please arrive on time for your appointment as we may not be able to see you if you are late.

## Your comments

At the end of the assessment we will provide you with a feedback form so that you can let us know about your experience. Your views are important to us and help us to improve the service for other patients.

## Further information

For further information, please see our patient information video at:

[www.moorfields.nhs.uk/content/screening-and-stable-monitoring-service](http://www.moorfields.nhs.uk/content/screening-and-stable-monitoring-service)

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## Moorfields Direct telephone helpline

Phone: 020 7566 2345  
Monday–Friday, 8.30am–9pm  
Saturday, 9am–5pm  
Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

## Patient advice and liaison service (PALS)

Phone: 020 7566 2324 or 020 7566 2325  
Email: [moorfields.pals@nhs.net](mailto:moorfields.pals@nhs.net)  
Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have

about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

## Your right to treatment within 18 weeks

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit [www.nhs.uk/choiceinthenhs](http://www.nhs.uk/choiceinthenhs)

